

New Moon to New Moon Shamanic Journeying

13 Goddess Traditions

DNA Activation

Turning Pain to Deep Contentment

During the thirteen lunar cycles of each year (from new moon to new moon), we can live the principles embodied by each of the goddess orders, focusing particularly on the specific one of that moon cycle. We end the year by exploring **Ara-ka-na**, practicing on allowing the aggression and negativity of others to move through us as we become a portal.

The Lunar new moon to new moon goddess traditions starts with the first new moon after summer solstice with the goddess **Pana-Tura**

During the following years ..start exploring the goddesses on the new moon in July. If there are two new moons, start on the date of the second new moon.

Every month before the new moon we gather to explore the qualities of the goddess of that month, to bring the true feminine online and combine it with the masculine. These gods and goddesses archetypes create the alchemical equation for **turning pain to deep contentment**.

Email me at: Hello@ConsciousManifestations.com to join. **The Second Saturday of the Month at:**

9 am (Pacific Time - USA/Canada) - 10am (Mountain Time - USA/Canada) -12 pm (Eastern Time - USA/Canada) - 5 pm (London) - 6 pm (Central European Summer Time)

How to work with the Goddess Archetypes

“You can use the names and sigils of these archetypes to help manifest their qualities in your own life. They are a way to step into a surrendered life. Where the normal manifestations of the feminine and the masculine in our lives is all about seeking control for the little self and never about surrender, these goddess and god archetypes are a way of living to promote trust in the benevolence of Infinite Life unfolding.” Seer Almine



If you wish to add the 13 goddess fragrance alchemy to your daily work visit:

<https://fragrancealchemy.com/product/goddess-collection/>

About Goddess Traditions

Living and internalizing the goddess archetypes revives, rejuvenates and revitalizes our lives. Sex appeal for both sexes is enhanced, life force is increased and higher states of consciousness become possible. The goddess archetypes bless our lives with grace, elegance, harmony and peace. The gift we can receive by acknowledging the divine feminine is at hand, not only in the cosmos but in every personal life.

We are confident that you will feel more fulfilled and that your relationships, and family life, will bloom under the influence of the Goddess.

The Seer's Note: Under recent stresses, male/ female relationships in all areas of life have been particularly challenging. The combined focus on the Goddess Archetypes by the Godbeings among men will help substantially to heal this rift.

Bringing Balance and Pristin State of Existence

Our failure to comprehend the necessity for individuals to balance the archetypes within has created distortions in the way they express in everyday life. Some examples are:

- In many cultures where spiritual practices and traditions are prevalent, men have autonomy over these areas of life. Examples include the Jewish, Tibetan and indigenous cultures. **Because women are barred from fully participating in the spiritual practices of these cultures over centuries, they have attracted suppression from races of a more masculine nature.**
- The movement of women into the job market, corporate world and factories—the domain of the male—has often come at a cost. **They have had to hide their goddess tendencies** in order to compete and ‘fit in’. In other words, women have had to forfeit their essence, becoming more like men to be acceptable in these environments. **Because our cultures have not understood the power of the feminine, it isn't taken seriously.**
- In most cultures, men find it ‘embarrassing’ to be in any way engaged in the goddess aspects of life, especially in front of other men who might suspect them of homosexuality. They therefore live barren and stark lives and **because the overbalancing of maleness causes separateness, they live disconnectedly from the web of life.** This causes great damage to the environment, great disregard for the coming generations and disrespect for the sacred traditions of others.
- In medieval Europe, the sacred rites were performed by women and acknowledged to be the

domain of the goddess. **After the Inquisition exterminated between 9-10 million women (10% are estimated to have been children)**, these rites were performed only by men and turned into a ridiculous parody of their original holy nature. **The Inquisition had successfully suppressed the expression of the divine feminine.**

When men are taught the goddess traditions, they often have responses like the following: “Well, you place great emphasis on this information, so it must be important, **but how is it relevant to me?** ... Oh, by the way, can the class have dinner for you at the end of our week to celebrate what we’ve learned?”

I then point out to his amazement that he has just demonstrated two goddess aspects, those of Alu-mi-na (Goddess of celebration) and of Hay-hu-ka (Goddess who tricks into learning).

The dynamic balance that incorporating these archetypes into our daily lives brings, prepares us for God-consciousness where we no longer identify with the ego. Studying a goddess aspect for every one of the thirteen moon cycles of the year, and a god archetype for every month is a very helpful approach. ~ Seer Almine (Secret of the hidden realms)



First Goddess



Goddess Archetype Michba-huresvi –
(formerly known as Panatura)

She who breathes life into dreams. Fertility and rapid manifestation result from the co-operative creativity of the masculine and feminine; the combination of quality and quantity, activity within rest.

The goddess Michba-huresvi knows that fertility and rapid manifestation come from the masculine and the feminine working together in cooperative manifestation. The goddess has been said to ‘contain the magic.’ What is magic? **Magic is closing the gap between the masculine and the feminine, so that the gap between cause and effect** also can close. When cause and effect are almost immediate, now we are talking about magic in action – rapid manifestation.

Pana-tura—In the original mother tongue of the earth, ‘Pana’ means earth element or matter and ‘tura’ means door. Pana-tura holds the door to materialized life and from this the legend of Pandora’s box was derived. The frequency emitted in materialized life calls forth that which manifests. If Pandora’s box lets in disease and poisonous spiders, it’s because our frequency (emotion) is distorted and poisonous.

Creating Frequency: Pana-tura creates reality by first creating frequency that draws them in. If we deny our own desires to the point that we no longer even know what they are, this archetypal energy cannot assist us.

Monthly: Once a month create a plan to put a foundation under your dreams. Analyze what it would take to accomplish one of the desires on your list, design a strategy to achieve it.

Application in Daily Life: One hour a week explore and list your own desires. Take 10 minutes a day to contemplate the list & visualize what each desire would mean to you if it were fulfilled.

Daily: Immediately after waking & before sleeping, when the mind is at its most receptive, spend a few min, envisioning your dreams & desires already fulfilled. Every day should add more details to the pictures in the mind. The old sage called this “fanning the dream with warmth.”It is as though we are blowing a tiny flame into a raging fire.

Hourly: Watch yourself hour by hour to eliminate fears that control your life and create the frequency that actualizes them. (ex: Jack London author of The Call of the Wild)

Meditation: Take time to breathe deeply. Sit or lie with your spine straight, legs uncrossed and muscles relaxed. With each exhalation, breathe out all tension through the base of the spine and bottoms of the feet. When the body feels heavy and relaxed we start the meditation. .

Envision: All the wonderful things life has to offer being pulled into your life; a perfectly healthy body; time for fun and laughter and self. With every exhalation, release all things within your life that limit you; all dysfunctionalities in your relationships; fears of failure; ruts and soul-deadening work; all lack of self-worth or lack of any kind. Continue until none of these remain.

Suggestion: follow this with a warm bath in which you dissolve a cup of Epson salts or coarse salt. This will draw out the toxins held in place by negativity.

For complete information on Goddess and Gods Refer to Secrets of the Hidden Realms.



Activating the DNA Through the Goddess Traditions

The human DNA is the roadmap to the sound or frequency patterns of the cosmos. It is a map of such detailed frequency that it can be used to create language and the previously discussed ancient form of writing that precedes letters—sigils. Many mystery schools and enlightened cultures patterned themselves in one way or another after the DNA template because of the power it has in representing the macrocosm.

When viewed in cross section by someone able to see frequency, the DNA strand would resemble the rose. (See Fig. 3, DNA Frequency Chambers and Fig. 4, Thirteen Goddess Archetypes) In looking at the rose pattern, we are looking at the frequency patterns that occur throughout the cosmos. The governmental structure of Mu patterned itself after this, and a map of the 4th dimensional city in the Himalayas and Shambala would look the same. It is also found in the Christian cathedral rose

windows. The rose pattern represents the orders of ancient female (goddess) mystery schools that once existed on earth. Sadly, most were prematurely exterminated, taking the secrets of the DNA activation through frequency with them until now.

The power held in the pattern of the frequency template that exists throughout Creation can be used in establishing government, in drawing the sigil of your name, or in developing a map of evolution. For instance, throughout many lifetimes, initiates would move from one through thirteen of the mystery schools in order to master the thirteen facets of the divine feminine and the accompanying attitudes that would activate the frequency chambers of the DNA.

During the thirteen lunar cycles of each year (from new moon to new moon), we can live the principles embodied by each of the goddess orders, focusing particularly on the specific one of that moon cycle. We end the year by exploring Ara-ka-na, practicing on allowing the aggression and negativity of others to move through us as we become a portal.

The petals in the rose pattern of DNA are various sound chambers of frequency **activated by attitude**. Someone who follows the right-brain method of ascension would use praise, love, and gratitude, activating the three middle petals or sound chambers. These three main attitudes activate the seven supporting attitudes (and vice versa): grace, reverence, self-reliance, calmness and poise, the embracing of failure as a learning tool, the ability to work with time and live in the moment, and generosity. These attitudes bring the middle row of seven sound chambers online.

Incorporating the thirteen divine feminine attitudes activates the twelve outer petals and the doorway within the center of the DNA opens.

The sound or frequency chambers activate the corresponding DNA strands, bringing them online. Thus attitude can be used to activate the strands, 10 of which are formed from subatomic particles. In a left-brained person the strands are activated through insights gained and that, in turn, activates the sound chambers or corresponding petals of the rose.

In the same way that our names emphasize our unique mission or destiny in the cosmos, our DNA chambers are emphasized in a specific pattern as well. This provides us with a unique perspective that in turn gives us each a special way of looking at the world (one could say it gives our world a special flavor). (See Fig. 6, The Supporting Attitudes and DNA)

This is done because material life is like the eyes and hands (the physical body) of the Infinite. Diversity at this level of density is essential, especially diversity of perception. It is here where all new knowledge is gained. Because it is at this level of density where the known meets the unknown, this diversity maximizes learning opportunities.

The Goddess Archetypes and Their Relationships with the Gods

The fields of the human brain resemble a dodecahedron field around each of its hemispheres. A dodecahedron looks like a soccer ball with twelve pentagons connected at each of their five sides, creating a faceted sphere. The left brain has a dodecahedron with twelve pentagons, but the right brain has a dodecahedron with twelve pentagons and an additional pentagon in the middle. These facets represent aspects of the divine masculine and the divine feminine; the god archetypes and the goddess archetypes. (See Fig. 7, Twelve God Orders) Part of our evolution of awareness is to incorporate these aspects into our lives and merge the left brain's field with the right brain's field.

An example of how a left brain aspect (represented by a pentagon) merges with a right brain one, would be as follows:

If someone were to have mastered the ability to manifest money whenever needed, he wouldn't concern himself with expenditures or having to save or to buy insurance. Whenever there is a bill, he somehow finds the money to pay for it. One day, however, he notices he is suddenly starting to run into debt; the funds aren't manifesting as they used to.

He has already learned how to create a flow of supply (the goddess aspect). It has become time to master the god, or left brain facet of supply, which is the ability to harness and plan, budget and regulate by projecting what income will be necessary to meet demands. This new set of skills, in conjunction with the right-brain skills, will enable him to master harnessing the flow of supply throughout all areas of his life.

When these two specific aspects are fully integrated into his life, the two pentagon facets of the fields around the brain halves, meld into one, like a sacred marriage of the divine masculine and feminine. **When all twelve pairs have ‘married’ as aspects of our lives, the sacred fire (kundalini) rises through the pranic tube and the chakras burst open.** It is then that the thirteenth facet within, opens and **ascension becomes possible.**

What is applicable to man is also applicable to the **planet** and, ultimately, the Infinite and its Creation as well. Since 1998, the fields around the planet have been merging their facets and in 2005, **the opening of her seven chakras took place.**

This process precedes entry into God-consciousness (the expanded state of awareness in which one no longer identifies with the ego) and involves thirteen goddess facets (See Fig. 3) plus twelve god facets (See Fig. 7) **and seven neutral elements** (chakras), equaling **thirty-two total components.**

Representing these aspects, thirty-two gods, goddesses and neutral archangels oversee Creation.

Because of the vast importance the earth and man are playing within the big scheme, aspects of these thirty-two creator gods have come to earth and created bodies for themselves that resemble man. They created very large caverns within the crust of the earth, including the Halls of Amenti, “...that they might dwell eternally there, living with life to eternity’s end. **Thirty and two were there of the children, Sons of Light, who had come among men seeking to free from the bondage of darkness those who were bound by the force from beyond.**” (The Emerald Tablets of Thoth, Tablet II).

They represent and oversee thirty-two aspects of life on earth and also **thirty-two geographical** areas; twenty (thirteen goddesses and seven neutral chakras) are on the surface of the earth, and twelve god aspects represented by geographical areas are within the earth. (See Fig. 8, The Twenty Sacred Symbols)

Also upon thrones of light in Amenti, but not in the form of man, are seven Lords of Light that dwelled on earth in a previous cycle of life. Only seven are mentioned in the Emerald Tablets but an additional two were called to service as we entered the 4th dimension in March 2005.

Together with the great master, the Dweller also known as Horlet, they direct the destiny of humankind. (See Fig. 9, The Seven Lords of Light)

The god and goddess archetypes, represented by pentagons, touching five others at the pentagon's five sides, each interacting with the functions of five others. For example, one of the sides of the pentagon representing the god, Lord Ki-as-mus, would be touching that of Lord Karama since they work together to balance the way the cosmos unfolds. Lord Ki-as-mus designs the time and space in which this outbreath of God/Goddess will unfold. Lord Karama decides when and where during this Creational cycle, the unresolved portions of life need to be experienced in order to solve them.

The gods work with measure (the matrix), and the timing in which Creation will unfold. The goddesses, on the other hand, work with how it unfolds (movement) and fill in the creative details, overseeing the quality of the journey.

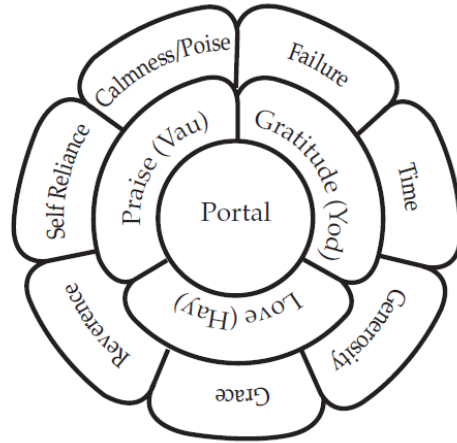


DNA Frequency Chambers



(Figure 3)

The activation of human DNA through the ascension and supporting attitudes



The three primary ascension attitudes and supporting attitudes that activate chambers within the DNA after we integrate the goddess archetypes into our lives. This results in the activation of the inner circle which is a portal to higher consciousness through our DNA.

(Figure 6)

Wheel of Sigils and Symbols
Used in Opening Cosmic Gates between Realms



Ezekiel 1:16, "The appearance of the wheels and their work... was as it were wheels in the middle of a wheel"

(Figure 2)

The Seven Lords of Light



LORD 3 Untanas

Lord of the Halls of the Dead. He is the director of negativity that is allowed to enter the earth's plane.



LORD 4 Quertas

Lord of Life. He is the giver of life force who frees the souls of humankind.



LORD 5 Chietal

Lord of the power of intent. He is the giver of the frequency that forms life.



LORD 6 Goyana

Lord of hidden mysteries. He is the guardian of powers bestowed upon men, protecting the path of light from those unworthy.



LORD 7 Huertal

Lord of space and time. He works with the purpose of life and the process by which the purpose unfolds.



LORD 8 Semveta

Lord of karma and cycles for humankind. He weighs the hearts of man.



LORD 9 Ardal

Lord of white light. He turns chaos into order.

(Figure 9)

13 Goddess Archetypes



1. **PANA-TURA** Goddess of germination. She is the essence of life-giving energy that births into form. She midwifes potentialities into materialization.



2. **AMA-TERRA-SU** Goddess of history. On earth she is the keeper of the history stored in the rocks, sand, and soil. She keeps the record of the loop of time, which is our biggest history.



3. **KA-LI-MA** Goddess of equity and destroyer of illusion. She brings balance by creating potentialities that can compensate for distortions that create karma.



4. **ORI-KA-LA** Goddess of prophecy with the farseeing eye. She is the oracle and holder of the key to changing the future.



5. **AU-BA-RI** Goddess of sound or frequency. She utilizes the rage of Lucifer to break up stagnant portions of Creation. She is the cosmic sound healer who works with the potential manifestation the spoken word creates.



6. **HAY-HU-KA** Goddess of reversal energy. She works with indwelling life's purpose to evolve awareness, through manipulating the outer currents. She is the teacher who tricks others into learning.



7. **ISHANA-MA** Goddess of beauty, grace and elegance. She facilitates the peaceful interaction among her children for harmonious co-habitation. She is a mediator and promotes joyful cooperation. She is the goddess of self love.



8. **APARA-TURA** Goddess of cycles. She is the operator who opens doors for cycles that are opening and closes doors for cycles that are closing. She celebrates the beginning and end of cycles.



9. **HAY-LEEM-A** Goddess of resources. She is the weigher of the consequences of today's actions on all life, including nature and future generations.



10. **UR-U-AMA** Goddess of creativity and inspiration. She knows true art inspires altered perception and that life should be lived creatively.



11. **AMARAKU** Goddess of new beginnings and forging new ways. When the old is gone, she invents a new approach. She is the innovator.



12. **ALU-MI-NA** Goddess who guards the unknowable. She guards the source of all spiritual knowledge from being accessed by those with impure motives. She is the gatekeeper who determines who may cross.



13. **ARA-KA-NA** Goddess of the power to transcend all boundaries. She is the guardian of the portal or passageway between Creator and Creation. She represents the gateway hidden within the core of human DNA that enables us to become the I AM that I AM.

12 God Orders



1. LA-U-MI-EL Lord of all consciousness. The symbol is the hieroglyph for reciprocity, also used to indicate wisdom in harvesting. This lord works with the law of compensation in nature to bring about the balanced evolution of species.



2. AKASHA-EL Lord of the Akashic records and keeper of history. He is also the keeper of the spoken word and language. He determines the insights of history by being the holder of the big picture. The symbol means permanent record.



3. KARAMA Lord of karma. He determines where karma can best be learned and experienced. The symbol stands for the opening of all 12 chakras, which only occurs when a being has removed the seals of unresolved karma by learning the lessons past experience teaches.



4. URI-EL Lord of intelligence. He is the interpreter of insights gained and redesigns the evolution of awareness accordingly. He turns information through intelligence into the known.



5. KI-AS-MUS Lord of time and space. He works within the allotted amount of time to evolve awareness within a certain space (in Creation, time and space have established limits).



6. MI-RA-EL Lord of symbols of hidden knowledge (includes DNA coding). He determines what must be hidden and what must be revealed within DNA coding or through symbols. He also works with pivotal energy.



7. OM-KA-EL Lord who holds the vision. He creates the template that fulfills the purpose of a certain part of creation. The symbol stands for focus and will, or focused intent.



8. KA-PA-EL Lord of the cycles. He works with the cycles of change all life goes through: transformation, transmutation, and transfiguration. The spiral is either positive, resulting in a higher form of the lifeform, or negative, resulting in death.



9. LEEM-U-EL Lord of the flow of awareness. He oversees the interaction of the different forms of awareness during the large creational cycles.



10. ILLUMINATI Lord of illumination. He creates the grid lines along which creation will be formed. He is the architect and engineer for wielding sacred geometry.



11. KU-MA-RA Lord of hierarchy and government. He brings stability through structure to growth. He represents the perfect balance between the neutral, feminine and masculine elements.



12. KA-LI-SA Lord of energy distribution. He determines the amount of energy a lifeform can hold.

Living the Goddess Traditions

How to Work with Wheels

A wheel is a visual image that conveys non-cognitive, sacred and empowering information. They are similar to gateways through which specific healing frequencies are drawn and are power sources in the same way a holy object would be.

The wheels are alive and as we work with them they provide us with deep insights into the vastness and wealth of our own being, reminding us of all that we are.

Each wheel is a stand-alone wheel and can be used by itself. When wheels are used in a sequence, they tell a story and combine to make an equation.

Mystical practices have a beginning and a closure. If you are working with a sequence of wheels, do not stop in the middle as it leaks resources and energy. For this reason it is important that you always complete each sequence.

To access the information contained within the wheels at a deeper level you may place your hands on the wheels or run your hand across them — the left hand is receptive and the right hand promotes understanding.

Lying down, you may also place a wheel at your feet and upon contemplating its meaning, bring it up through your body from your feet to the Lahun Chakra 10 inches above your head. If a wheel feels ‘stuck’ anywhere, continue to feel the quality of the wheel until it moves freely. If you are working with a sequence of wheels, ensure that the highest numbered wheel is at the bottom and the lowest numbered wheel is at the top. Work with one wheel at a time and fully integrate one before moving on to the next. As you do, also contemplate how the qualities of each wheel combine and complement the other wheels within the sequence.

Possible Uses for Wheels include:

- Meditate on a wheel.
- Place on the walls of a healing space, office or a room in which you spend a lot of time.
- With intention they can be placed into the body or placed directly on the body.
- Specific wheels can be placed under a healing table when working on someone or under a chair that you frequently sit on.
- Create your own personal mandala that you carry with you.



1. MICHBA-HURESVI

She who breathes life into dreams





Power Sigil To Dissolve Protectiveness

Meaning of the words:

Directions are an abstraction. It is an illusion that they are spatially separate. They consist of the four primary emotions (**love, trust, praise & gratitude**) that exist as frequency patterns that form in the never-ending ocean of awareness particles.

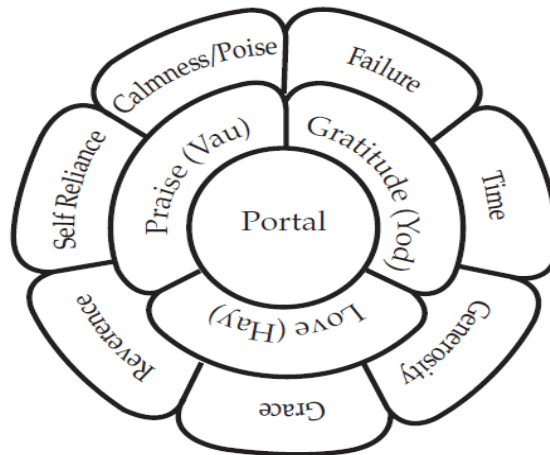
The distortions of these four true emotions are protectiveness, anger, fear, and pain.

Distorted emotions are emotions that destructure rather than maintain and affect the status quo. Because that which one opposes, is strengthened instead, use the distorted emotions to indicate that which needs to be embraced or discarded, rather than trying to resist them.

Embrace that which empowers and inspires excellence and discard that which diminishes and disempowers.

The Angelgod: Eras-valechbiravish

The activation of human DNA through the ascension and supporting attitudes



The three primary ascension attitudes and supporting attitudes that activate chambers within the DNA after we integrate the goddess archetypes into our lives. This results in the activation of the inner circle which is a portal to higher consciousness through our DNA.

(Figure 6)