

*Dream
Dictionary
Almine*



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Endorsements

“What a priceless experience to be able to catch a glimpse into one of the most remarkable lives of our time...”

—H.E. Ambassador Armen Sarkissian,
Former Prime Minister of the Republic of Armenia,
Astrophysicist, Cambridge University, U.K.

“I’m really impressed with Almine and the integrity of her revelations. My respect for her is immense and I hope that others will find as much value in her teaching as I have.”

—Dr. Fred Bell, Former NASA Scientist

“The information she delivers to humanity is of the highest clarity. She is fully deserving of her reputation as the leading mystic of our age.”

—Zbigniew Ostas, PhD,
Quantum Medicine,
Somatidian Orthobiology
Canada and Poland

About the Author

Almine is a mystic, healer and teacher who traveled for years through many countries, empowering thousands of individuals who were drawn to her comprehensible delivery of advanced metaphysical concepts. In the wake of her humility and selfless service, unspeakable miracles have followed.

In her life, made rich by the mystical and the holy, she has stood face-to-face with many of the ancient Masters of light, retaining full memory of the ancient holy languages in both written and spoken form.

Her teachings are centered on the idea that it is not only possible to live a life of mastery and love, but that it is the birthright of every human to attain such levels of perfection. Her journey has become one of learning to live in the physical, maintaining the delicate balance of remaining self-aware, while being fully expanded.

When we live in the moment, we live in the place of power, aligned with eternal time and the intent of the Infinite. Our will becomes blended with that of the Divine.

Almine

Communication
via Our Dreams

How Our Dreams Communicate With Us

Introduction to Dream Symbols

The importance of understanding the language in which the non-cognitive portions of mind communicate to us through our dreams is almost always underestimated. Nine-tenths of the information we're exposed to each day is non-cognitive. The unknown eludes the cognitive mind and reveals itself instead through dreams, feelings, meditative states and symbols.

So much of what we think of as 'known' is in fact unknown; people, words, the future and its outcomes being some examples. Dreams containing information about these areas come up to be interpreted by our left brain or cognitive mind. This information addresses areas of our lives pertinent to the evolution of our awareness. In this way it tells us our next step.

Dream language is symbolical in that one thing can represent another. For example, a concrete item may represent a symbolical concept. The exception to this is when a dream is in fact a visionary experience. In this case, one thing doesn't represent another but is exactly as it seems. The feeling or mood of such a dream is different. Objects seem lit from inside - even in a dark room one can clearly see them. This is because we are in fact experiencing the reality of the etheric or astral realms, rather than messages in symbols from the right brain. A visionary dream seems very vivid and its impressions linger much longer.

Following is a list of dream symbol interpretations that have come down through the ages from Toltec seers. These seers made in-depth studies of dream language techniques to utilize the power of dreaming and control the intrusion of other beings into an individual's dream state.

Use your common sense to extrapolate and understand the meaning of symbols not mentioned; look at the characteristic of the symbol. A broom might mean you need to clean up a portion of your life; a breadbasket would mean the ability to hold or receive the bread of daily spiritual sustenance, and so forth.

Index to Symbols

Dream symbols and meanings are listed alphabetically within the following categories:

Activities	Foods
Activity, Sexual	Fruit
Anatomy	Gems / Jewels / Metals
Animals	Identities / Roles
Birds	Insects
Clothing	Miscellaneous
Colors	Nature
Countries / Cities	Numbers
Directions	Objects
Drinks	Places and Buildings
Fish	Transportation
Flowers	



The Dream Symbols

Activities

Acting	authentic expression is needed
Baby that already speaks	a rapidly developing new beginning
Baking bread	nurturing something that will grow
Bathing/Showering	removing past influences through positive emotions
Being bitten / attacked by an animal ¹	some past incarnational challenge is about to surface
Being given a sum of money	being empowered
Being in bed	alone – the need for rest with someone (non-sexual) – giving interaction with someone a chance
Being in your birth house or childhood home	childhood belief systems
Being married to someone you don't know in 'waking' life	you are being influenced subversively (mind control, etc.)

¹ See appendix for further information on The Animal Totems of the Earth that represent past incarnational cycles.

Being punched in the stomach, back or head ²	pending injury
Being stung by an insect	your own shortcomings or that of someone else is about to harm you
Bicycle race	playing games with duality
Birthing own or another's child	new awareness is about to happen
Biting one's tongue	not the time to speak
Biting fingernails	something is causing you suppressed stress
Bleeding	leaking resources through loving in a dysfunctional or exploitive way
Boating	need or desire for emotional change
Braiding hair	own hair – integrated self-expression another's – assisting another in integrating their expression
Breath/breathing	life force; individual expression
Burning clothes	changing the way you see yourself; self-image
Burping	releasing emotional neediness and old value systems

² See the meaning of the specific body part.

Buying	giving power away or exchanging power for the approval of others
Camping	effortless knowing
Can't find classroom	you are missing a teaching or learning opportunity
Can't move	stuck in a world view, or stagnation
Catching fish	solving or exposing illusion or falsehood
Chasing	trying to have someone fulfill your agenda
Cleaning (house)	seeing the value of past beliefs before releasing them
Climbing	increasing perception, awareness, consciousness
Cooking	nourishing self and others
Coughing	difficulty to accept
Counting money	gathering strength and power (usually for a life change)
Damaging someone's car	enforcing your world view on someone
Dancing	self-expression in everyday life, living with grace

Door	locking – excluding someone or something, or feeling the need to unlocking – allowing or needing to allow someone or something into your life unable to lock a door – being invaded
Dreaming of people you know	consider how they are still affecting you
Dreaming of people you don't know	consider what they represent
Drinking	accepting emotional support (or desire for)
Driving a car	fast – drastic simplifying of your life is needed slow – shed elements that obstruct fluid adjustment aimlessly – take charge of your decisions; discard programmed decision-making
Driving a big car with no brakes	the complexity of your life is out of control
Dropping something	something needs to be let go of or you are letting go of something you need to hold on to
Drowning	feeling suppressed or overpowered
Drunkenness	abandonment of self

Dumping garbage	others' garbage - they are bringing their unresolved issues into your life own garbage - there are old, obsolete issues to be released
Dying	release, fear of success
Eating	self-nourishment
Exercising	preparing for or building energy and power
Fainting	feeling overwhelmed
Falling	fear of failure
Falling out of bed	abrupt disruption of rest or peace
Fighting / boxing	inclusiveness needed
Fish walking on a beach	something is not what it seems and is in the wrong place
Flying	freedom, or need for freedom
Flying in the air	with wings - something is a valuable tool of accomplishment without wings – need to be free
Folding clothes	need to move beyond personality
Gardening	bringing more authenticity into daily activities
Going on a trip	life is about to become unpredictable

Hair	getting a hair cut - reducing the need to pander to others' opinions drying one's hair – presenting a fake public image losing one's hair – losing face or stature in the eyes of others grey hair – carrying the burdens of the past grey hair, turning brown at the roots – regeneration
Healing injuries of others	externalizing that which must be dealt with within
Hiccups (having them)	things will not flow smoothly
Hunting	self-mastery is needed
Injecting with a needle	something is being inserted into your life (see the quality of the substance)
Ironing	getting rid of loose ends or minor unresolved issues
Jumping	the need to overcome, or move beyond limitation
Learning in school	humility is needed to learn something
Lessons	pay attention to what is before you, it has something to teach you
Levitation	overcoming limitation
Looking for a room to sleep in	rest is needed

Losing job	fear of inadequacy
Losing wallet or money	disempowerment, losing power
Making soup	integrated cooperation or the need for it
Marching band in full costume	acknowledge the positive events in your life
Massage (giving or receiving)	physical nurturing of self or another is required
Mending clothes	trying to mend our self-image
Mending roof	holding on to old limitations
Missing a bus, train or plane	missing a chance for change of awareness (see vehicles)
Mountain climbing	with supports - life is supporting your hopes with attachments to others - others support your hopes
Never-ending work	fear of being overwhelmed or not up to the task
Packing a bag or suitcase	leave old beliefs behind, lose old identities
Paddling / rowing	slow change of emotional awareness
Painting (artist)	the need for more grace and artistry
Painting a house	giving an overinflated value to something

Parachuting	abandoning a world view or life's direction by changing perception
Paying a bill	with a credit card – power through alignment with the Infinite's will with cash – power through perception
Persecution by authority	fear of victimization
Photographs	an event needs to be recapitulated
Playing	restoring fun to the journey of life
Playing ball	polarity, seeing opposites, thriving on opposition, causing divisiveness
Playing chess	the need for strategy
Purging	vomiting or diarrhea - releasing unacceptable parts of life
Punching / striking	something is creating karma or repercussions
Reading	searching for answers within old world views
Re-injury	recurring karmic issues want to yield their insights
Riding a horse	put physical life in order, feeling at ease with physical life
Ringing bells	closure of past cycles

Running	desire for freedom or window of freedom
Running a race	being attached to outcome
Sailing	emotional change through change of perspective
Scolding a child	gentleness with self or others needed
Serving oneself a meal	self-nurturing, self-support
Shrinking clothes	hiding behind false humility of others; seeing them as less
Singing	finding your voice or life's calling
Sitting in a large auditorium with people	change in group consciousness
Skiing or sledding	our ability to love is too shallow; others can't give us the love we need
Sleeping	being unaware of a higher viewpoint or solution
Smelling	ability to discern
Smoking (tobacco)	addiction through self-abandonment
Sneezing	desire to express passionately
Spinning	resistance to life, loss of innocence

Stealing	feeling inadequate in providing for ourselves
Suffocating	loss or lack of personal power
Surfing	utilizing an opportunity
Swimming	desire to be loved and accepted
Talking	need to communicate
Taking an elevator that doesn't stop at the right floor	a need for self-sovereignty
Theft of money	power has been stolen
Tripping	fear of inadequacy; letting ourselves or others down
Travel	change in or need for awareness (see individual vehicles)
Tying shoelaces	thinking you know what is unknown; complacency
Urinating	need to express your feelings or viewpoints
Vacuum cleaning	immediate need to remove past influences
Vomiting	let go of old information and/or acquaintances
Walking home	returning to inner strength and comfort

Walking naked	in a public place – feeling exposed in nature – shed behavioral programs for authenticity
Washing hands	need to put our relationships in order
Washing clothes	remove false humility; pretending to be less than you are
Watching a movie/ television	do not take events seriously
Winning trophy	need to give one's self credit; gold for spiritual achievement, silver for worldly achievement
Working	desire or need to take action
Writing	communication
Yawning	need to pull in more energy or resources

Activity, Sexual

Flirting	desire for vitality
Heterosexual sex	receiving and giving power
Homosexual sex (male)	desire to know one's own maleness; feeling inadequate as a male
Kissing	desire for or lack of energy / power
Lesbian sex	desire to know one's own femaleness; feeling inadequate about being a woman

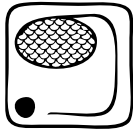
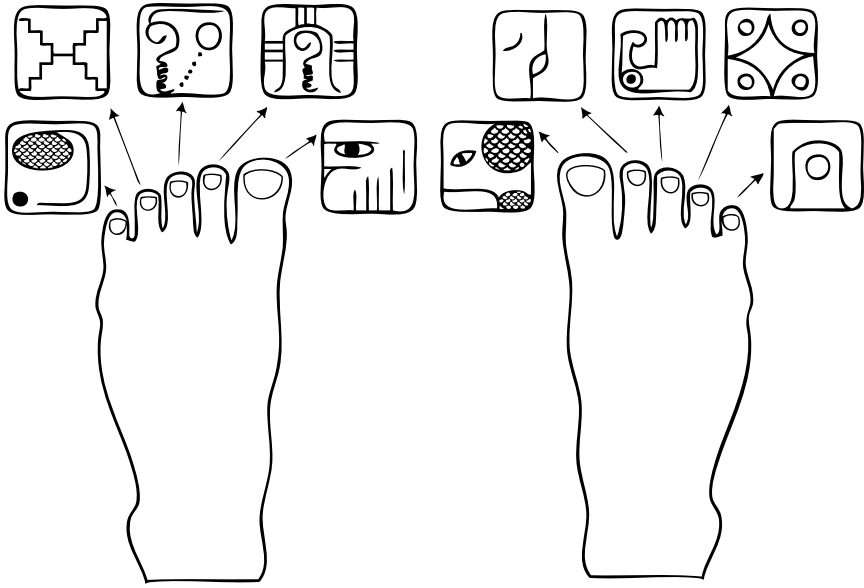
Masturbation	self-empowerment is needed
Mechanical stimulation (vibrator)	reliance on artificial substitutes such as TV or computers for empowerment instead of real life
Prostitution	compromising our standards; making choices from less than our higher perspective
Rape	sense of being a victim; or allowing others to plunder our life
Sex	with an animal – the characteristic of the animal is being strengthened in an illusional way; e.g. dog represents relationship.
Sex (cont'd)	with a juvenile – need to connect with the inner child to receive vitality
Sexual perversion	low self-image

Anatomy

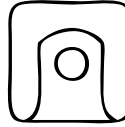
(See illustration, *The Body Parts as Dream Symbols*, pg. 20–21)

Achilles heel	an unresolved area of your life, unyielded insights
Ankles	flexibility in moving forward in daily life left – feminine aspects or relationships of life, such as spirituality right – masculine aspects or relationships of life
Appendix	something unnecessary

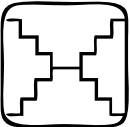
The Body Parts as Dream Symbols



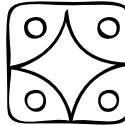
Storm - catalyzes, energy, self-generation



Moon - universal water, purification, flow



Mirror - reflects, endlessness



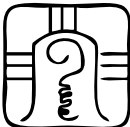
Star - elegance, art, self-expression



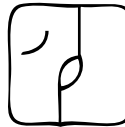
Earth - synchronicity, evolves, navigation



Hand - knows, accomplishment, giving and receiving



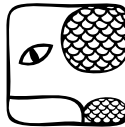
Warrior - questions, fearlessness, intelligence



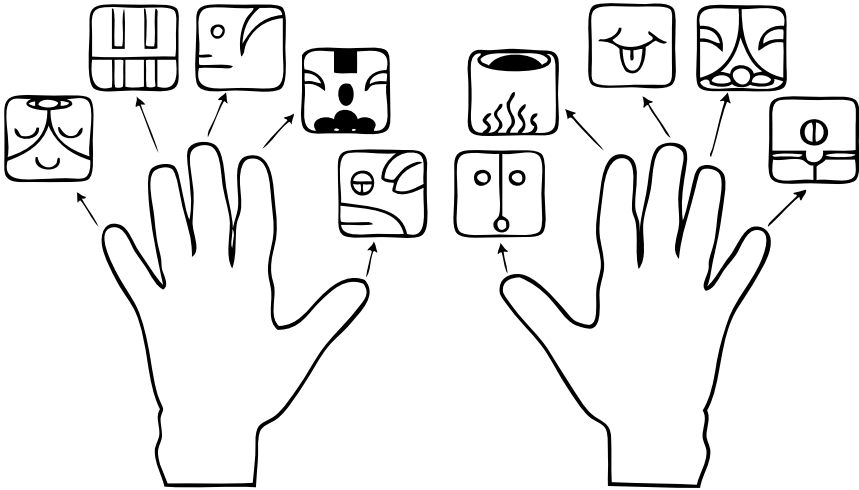
World Bridger - equalizer, death, opportunity



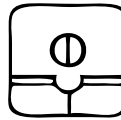
Earth - creates, vision, perspective



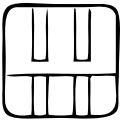
Serpent - survives, life force, instinct



Wizard - *receptivity, timelessness*



Seed - *flowering, intention, parable telling*



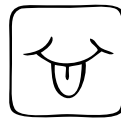
Skywalker - *explore, wakefulness, pierce the veil*



Night - *abundance, sanctuary, retreat*



Human - *influences, wisdom, free will*



Wind - *communication, spirit, breath*



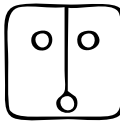
Monkey - *play, childlike innocence, illusion, trickster*



Dragon - *primal matrix, space*



Dog - *loyalty, relationship, partners of destiny*



Sun - *enlightens, elegance, ascension, universal fire*

Arms	the way others treat you or you treat others: right – males, left – females
Back	upper – responsibility or ability to carry workload mid – expression, self-expression lower – support or lack of
Back of head	let go of old memories
Belly button	sustenance or life force
Belly	the need for approval and/or nurturing
Blood	love
Bones	parental and hereditary information
Breath	expressing life force
Breasts	nurturing or need of
Buttocks	sexuality
Calves	self-perceived destiny
Chest (lungs)	self-expression when expelling the breath, pent-up grief
Colon	letting go of what no longer serves us
Coccyx bone	imposed beliefs of destiny through past lives
Dark skin	the sub-personalities of the inner sage and inner child

Duodenum/ transverse colon	mothering or insufficient mothering (solar plexus area)
Ears	desire or ability to hear
Ears on other parts of body	listen to language of your pain
Elbows	fluidity in how we treat others
Eyebrows	articulating self-expression to others
Eyes	desire or ability to see
Eye – one on the forehead	desire for intuitive knowing
Face	how you present yourself to others
Feet	ability to move forward
Forehead	foresight needed
Gallbladder	ability to process density
Genitals	self – self-perception of one’s maleness or femaleness other’s – one’s maleness/femaleness as reflected by another
Hair	social self-image
Hands	relationships
Head	intuition, idealism, thought

Heart	ability to give love
Hips	where the way we desire to move through life and the way we are moving through life meet
Kidneys	fear
Knees	flexibility with relationships and our required roles left – feminine, right – masculine
Legs	progress through life
Lips	verbal communication, verbal manipulation
Liver	anger
Moles on skin	protective mechanisms of social mannerisms
Mouth	ability to receive sustenance
Nails	need to defend
Neck	ideals versus reality; the place where the way we want life to be and the way it seems to be, meet
Nose	the right to happiness, to flourish; personal power
Ovaries/testicles	procreation or offspring
Pancreas	appreciative perspectives

Pubis/pelvic bone	protecting sexuality
Rectum	ability to manifest self-sustenance and abundance
Shoulders	responsibility
Skeleton	basic parental social conditioning
Skin	interaction with others and outside circumstances
Skull	individuated expression
Spine	self-reliance
Spleen	safeguard your resources
Stomach	acceptance of life's circumstances
Teeth	need for aggression falling out - no need for aggression being brushed - getting ready for a battle cavities – having the belief that aggression is needed
Thighs	sexuality
Throat	unspoken or spoken words
Toe	(see Mayan glyphs for fingers and toes)
Tongue	speech
Wrists	fluidity in relationships

Animals

Antelope	patient dignity, poise
Armadillo	need for defense
Badger	toughness
Bat	ability or need to find the way through the unknown
Bear	time to go into or come out of seclusion or rest; also rebirth, ending of hardship polar bear – emerging from a cycle of pain or of lack of clarity
Beaver	need to control outcomes, lack of cooperation with one's higher self
Boa constrictor	constricting 'wisdom' of past learning
Boar (wild)	rage
Buffalo	cooperative integration, emotional strength
Bull	temper, damaging rage
Crocodile/alligator	pitfalls set by others
Cat	black – black magic white – white magic all others – temporal affairs; everyday activities

Camel	ability to be prepared for opposition and hard times, and to flourish during them; need to bolster emotional resources; self-reliance, self-sufficiency
Caribou/reindeer	instinct as guidance
Chameleon	fluidity and flexibility needed
Cow	nurturing of others
Crab	warriorship against illusion; spiritual warriorship
Crocodile/alligator	pitfall set up by another
Deer	tranquility and peace
Dinosaur	obsolete supremacies; the old that must be dissolved; obsolete petty tyrants
Dog	relationships, partnerships and friendships
Dog (tracker)	a stalking relationship, a stalker
Dolphin	right brain awareness, non-cognitive information, empathic communication
Donkey	allowing others to drain our energy or use us; false humility
Dragon	noticing the magic of life, power through openness to the unknown
Elephant	old patterns or memories

Elk	instinct
Fox	being tricked into learning the unexpected; expect the unexpected
Frog	experiencing other realms, frequencies or realities; seeing through another's eyes
Giraffe	daring to live beyond the average
Goat	stubbornness, resistance to change
Griffin	escapism, avoidance
Groundhog	short-sightedness, lack of vision
Guinea pig	exploitation
Hamster	the need to have a spare supply
Hare / rabbit	need for awareness - quick change may be needed; speed is needed
Hedgehog	fear of vulnerability
Hippo	need to approach through feelings rather than mind
Horse	balance and freedom in material life
Hyena	falseness, untrustworthy
Jaguar	power
Kangaroo	protective of habits, dependant on routines

Leopard	predictable ruthlessness
Lion	creation; also destruction
Llama	discovery, sense of adventure
Locust/grasshopper	destruction producing blessings
Lynx	cunning
Monkey	need to play or playfulness
Moose	instinctual knowledge
Mountain goat	leadership, ability to visualize hopes, visionary leadership
Muskox	solidarity, oneness of purpose, well-balanced unity
Octopus	control or confinement of or by another
Otter	playfulness
Panther (black)	mystery, mystical power
Penguin	there is far more to something than meets the eye
Pig (domesticated)	low nature
Platypus	unintegrated, lack of integrity
Raccoon	brashness, impudence; also toughness
Rats/mice	secrets; white rat means hidden insight

Rhinoceros	revering / protecting old religions or philosophies
Rooster	time to wake up to what's really going on; time to see clearly
Salamander	self-regeneration
Seal	adaptability to new environments and conditions
Sheep	tribal, conformity
Sloth	laziness, lack of self-motivation
Snake	wisdom or need for it
Sphinx	arrogance, demanding recognition and awe
Squirrel	hard-working, reliable, good at planning
Stag	male dignity
Tiger	sovereignty; white tiger means initiation into higher awareness
Tortoise	the pace is too slow
Turtle	adventurous journey
Unicorn	innocence
Vermin	invasion through deceit
Weasel	undermining, backstabbing

Whale	superior wisdom or need for it; creation, creative solutions, new ideas Killer whale – cruelty
White animals (albino)	see animal's quality, new beginnings
Wolf	stalking ³ – one's own motives or a situation
Wolves howling	need to commune with nature
Wolverine	need to be tough or persevere in the face of greater odds
Worms	decay; something is rotten at the core
Young animal (calf, kitten, puppy)	see animal's quality combined with new beginnings
Zebra	indecision

Birds – refer to thoughts. Observe the colors (see section on color).

Albatross	detachment from the group; rising above the mundane
Any black bird (except crows or ravens)	treachery
Birds of prey	power
Chicken	unappreciated due to over-familiarity

³ In Toltec terminology, stalking means to not think we know and to approach with great awareness.

Crane	dignity
Crow / raven	path of power
Crow	on top of a tree – leadership through vision on a branch – strength through optimism on top of a street light – power through vision on the roof of a house – power through overcoming belief systems on the grass – relax into power in a field – power through adventure crossing a street – a powerful change in direction
Cuckoo	theft
Dove	peace, tranquility
Duck	imperviousness
Ducklings	a series of new beginnings
Eagle	power through perception
Flamingo	seeing with the poetic perspective
Goose	instinctual knowing
Heron	cutting the ties that bind
Hummingbird	energy; increased resources through timelessness
Jay	exclusiveness

Kingfisher	damaging self-centeredness
Magpie	thriving on another's success
Mockingbird	do not believe everything you hear
Ostrich	refusing to see the truth
Owl	seeing or being led through the dark
Parrot (in flocks)	the unexpected
Peacock	self-regard
Pelican	desire for complexity, or greed is reducing the quality of life
Pheasant	elusive outcomes are being sought
Robin	diligence is needed, immediate effort needed
Seagull	hidden base motives
Sparrow	fun, joy, being carefree
Stork	awaited new beginnings
Swallow	joyful play
Swan	mastery
Swan (black)	the mystical; mystical mastery
Turkey	clinging to old patterns or obsolete habits

Vulture	destructuring; the end of the old
Woodpecker	the belief that hard work is the only way to achieve
Wren	nostalgic values given to mediocrity

Clothing (*self-image or image to others*)

Armor	dissolve protectiveness; trust in the benevolence of life
Boots	clumsy or durable belief systems
Bra	supportive nurturing of self or others
Buttons	unbuttoned – closure is needed buttoned - completion
Cap	self-satisfaction that is not open to change
Coat	need to shield self
Collar	hiding vulnerability
Crown/hat	self-importance
Handkerchief	time to get rid of our own or others' negative emotions
Raincoat	resisting the process of life
Sandals	loosely held belief systems
Shoes	understanding

Shrunken clothing	we're made to appear less in the eyes of others
Socks	that which prevents us from understanding what is really going on behind appearances
Suit	conformity
Sweater	comfort or comfort needed
Tie	conformity
Tuxedo	achievement needs to be acknowledged
Underwear	private life
Uniform	assumed authority
Wedding gown	bonding with a new way of relating

Colors

Black	need for wholeness; the unknown
Brown (<i>observe the feeling around it</i>)	dirty brown – could mean pollution or something unwholesome; clear brown – could mean stability or groundedness
Red	need or desire to fight or be aggressive
White	peace/wholeness, purity, high-mindedness
Yellow	spirituality and faith

Green	healing and fertility
Blue	humility and understanding
Pink	lightness of being, well-being
Pinkish purple	unconditional love
Orange	need for shrewdness, cunning, mental strategy
Indigo	need for deeper vision
Violet	mysticism, unseen realms
Turquoise	need to stay centered and go within

Countries / Cities

Africa	unbridled instinctual nature
Alaska	authenticity
America	mental domination over – (see directions below) west coast – over emotion east coast – over spirituality north – over belief systems south – over physical life
Amsterdam	over-permissiveness
Arab countries	barren emotions, submerged emotion
Australia	autonomy

Canada	the feminine aspect of masculinity
China	the dictatorship of the body
Dubai	extravagance
Egypt	ancient secrets
England	supressed inner child
Europe	exclusive identity
Greece	decay
Guatemala / Central America	tumultuous emotions
India	attractive stagnation
Ireland	victimization
Japan	supressed spontaneity
Netherlands	perception from emotion
New York	independence
Paris	conditioned value systems
Russia	intuitive / feminine suppression
Scandinavia	desire for order
Scotland	using anger to break up confinement
Wales	acceptance of magic

Directions

East	direction of sobriety or need to analyze what is behind appearances
West	feeling or need to notice feelings; listening to guidance from inner child
North	place of power and warriorship; viewing the large picture objectively
South	need to meditate or watch dream symbols for guidance, self-nurturing
Right	left-brained, cognitive, masculine aspects of life
Left	intuitive, feminine, spiritual
Above	effortless knowing
Below	instincts should be trusted

Drinks

Beer	addiction through self-abandonment
Cacao (hot)	affection as comfort, tender comfort
Coffee	stimulation of impetus
Tea	a psychological break
Wine	avoidance

Fish

Fish	beware; treachery: all is not as it seems
Jellyfish	pretended compliance
Lobster	protectiveness (substantial)
Pet fish	treasured illusions
Salmon	courage, adventurous
Sea-horse	balance of proactive and receptive
Sea urchin	watch where you step
Shark	ancient racial programs of aggression
Shellfish	exclusive withdrawal from interaction
Trout	opposing actions and viewpoints
Water snake	harmful

Flowers

Flowers in general	elegant journey
Daffodils	bringer of a period of fertility
Daisies	fresh, new influences
Iris	dignified grace; elegance; nobility of character

Rose comfort through graceful presence and poise

Sunflower boldness

Tuberose enticement

Tulip hidden gifts

Foods

Almond interdimensional communication

Aubergine/
eggplant something appearing very desirable will be less so once experienced

Beets the expression of divine, agendaless love is needed

Bread ability to appreciate and receive daily gifts and blessings

Cabbage mediocrity being accepted

Carrot hidden talents

Cauliflower flourishing

Cheese refusal to release bad habits and dependencies

Chocolate feeling 'in love' due to a lack of self-love

Cookies false comfort

Eggs fertility awaiting birth

Egg yolks	the luminous cocoon of man
Fish	overcoming appearances; seeing behind face values; something is not what it seems
Grain field	time to reap rewards
Grapes	gifts of life
Grapefruit	bitterness
Honey	delightful results from cooperation
Ice cream	celebration, fun
Lemons/limes	sourness
Meat	overcoming old instinctual habits
Milk	easy accomplishments
Nuts in general	worthwhile results once problems are solved
Olives	that which has less value than it appears
Pancake	making something from very little or nothing
Peas/beans	that which will give more than it takes
Pepper	adventurous element
Pomegranate	something seeming quite ordinary will reveal greater worth

Potatoes	nurturing the inner life
Pudding	good endings
Pumpkin	that which brings benefits in a fun way
Red pepper	someone wants the upper hand
Rice (wild)	unexpected gifts for success
Salt	the right ingredient for success
Sugar	believing the value systems of the masses
Truffles	buried or suppressed assets

Fruit

Apple	basic element, the foundation of new beginnings
Banana	gifts to be grateful for
Berries	bounty, natural abundance
Orange	optimistic, hopeful perspectives
Pineapple	that which delivers more than what is expected

Gems/Jewels/Metals – great inner gifts

Amber	carrying the past into the future
Amethyst	interpretive ability, the study of mysteries

Bracelet	grace and tact in treating others
Copper	healing; transmuting harmful energies; the need for being in touch with the earth
Diamond	mastery through overcoming
Earrings	false appearances of sympathy and understanding
Emerald	open heart or healing of heart
Garnet	need to trust instincts
Gold	spiritual matters
Ivory	thriving at the expense of another
Lapis lazuli	royalty, majesty
Necklace	rationalization, valueless wisdom
Pearls	wisdom
Ring	power from external sources
Ruby	personal sovereignty, dignity, strength
Sapphire	need for courage and clarity
Silver	everyday matters
Tin	rational mind
Turquoise	manifestation, power to manifest

Identities/Roles

Almine	divine connection
Angel	protection and guidance from the higher self
Athlete	feeling at home in the body, physical mastery, overcoming the tyranny of the body
Bicycle repairman	belief systems have reformed
Bride	the cooperation of reason with the intuitive
Broker	feeding on the resources of others
Brother	having similar viewpoints or consciousness
Cab driver	another is determining the direction of our life
Deceased person	note what they represent
Dentist	there is no need for aggression
Doctor	perspective needs to be adjusted; perception is needed
Dwarf	something is under estimated
Elder	the inner sage personality
Elf	lighthearted playfulness

Engineer	obsolete mental solutions
Fire fighter	destructuring is happening rapidly
Giant	beyond expectations
Ghost	something from the past will resurface if its insights are not gathered or if it is not resolved
Glutton	taking more than is needed
Groom	(see bride)
Guest	that which we invite into our life
Guide	listening to inner knowing
Guru	seeking answers outside ourselves
Hairdresser	repairing or enhancing your social image
Herald	a new cycle of life has begun
Host	you are participating in another's agenda
Jester/joker	something is playing a trick on you or making a fool of you
Judge/jury	feeling discriminated against; allowing others to dictate worth or self-worth
King	dictatorship of someone or something
Knight	you serve a cause

Landlord	someone else's belief system has become yours
Motherhood	self-nurturing of the inner child; self-abandonment through nurturing others;
Military	navy – emotional action needed air force – mental action needed army – action needed in everyday life
Murderer	non-acceptance, judgementalness, denial of value
Nurse	emotions need to be healed through perception
Optician	ability or need to see clearly
Person	fat – over inflated value skinny – under-inflated value
Plumber	the past is blocking pure emotions
Podiatrist	needing advice to understand the next step
Police	when acting protectively, boundaries need to be established; when acting oppressively, victimization or fear thereof
Priest/preacher	judgmental, obsolete value systems
Prince	sense of entitlement
Princess	arrogant sense of entitlement

Queen	the tyranny of nostalgic values and neediness
Secret agent	hidden motives
Secretary	assistance
Servant	illusions are being served
Slave	you are being governed by physical needs
Spouse	being integrated; inner balance or need for it, need for proactivity and receptivity
Veterinarian	listen and interpret your dreams
Wizard	miraculous results
Insects	
Insects in general	aspects of shortcomings
Ant	labor or hard work and cooperation needed; drudgery
Bee	cooperation with destiny
Butterfly	spiritual gift; a gift of grace
Cockroach	shortcomings that perception can banish
Dragonfly	fertility
Fly	others' low world views are invading you

Hornet/wasp	someone with anger in the environment or directed at the environment
Ladybug	a gift is coming
Mosquito	someone is feeding off another's resources
Moth	gift of power from the cosmos
Praying mantis	hypocrisy
Spider	shortcomings that feed on ourselves; self-destruction
Termite/louse/parasite	allowing others to use us and drain our energy or usurp our life
Ticks	something or someone is draining your energy

Miscellaneous

Aristocracy	accessing the inner connection to Source
Barefoot	mastery through humility
Bedridden	feeling incapacitated and stagnant
Cancer	self-abandonment
Christmas	celebrate unity within diversity
Codes or numbers on your skin	destiny is calling
Cremation	destructuring bodily limitations

Cross-eyed	look at something from all perspectives
December	overbalanced feminine energy; emphasis on emotions
Divorce	eliminate something from your reality
Entrance	receptivity; feed the soul or inner experience
Funeral	put the old aside
Having a cold/flu	negative emotions
Holiday	back away from what you are doing for a while; be less demanding of yourself and others
Insurance	expecting the worst
January	new resolve, new beginnings
June	overbalance in the masculine or mental
Marriage	blending the receptive with the proactive
Pregnancy	awaiting new beginnings
Taxes	the law of compensation needs to be studied

Nature

Air	ability (or lack of) to see behind appearances, to understand what is really going on, mental activity
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Avalanche	strong hostility
Branch	disconnection from Source
Canyon	obstructed vision
Caves	subconscious programming
Cliff	trust to make a dramatic change
Clouds	the egoic self; surface mind is obscuring effortless knowing
Corrosion	patience is being worn away
Darkness	outcomes are undetermined
Daylight	physical life
Desert	despair and hopelessness
Disasters	fear of the future, disempowerment
Earth/soil	groundedness, return to basics, stability
Eclipse	there is mystery beyond appearances
Flower	beauty and grace; dead flower – a lack of beauty or grace
Forest	shelter and place to rest
Gorse bush	something beautiful or attractive will be injurious or angry
Grass	walking a path with heart and joy

Greenery	fertility, good results in everyday practical matters
Flood	strong flow of emotion
Fog	temporary lack of clarity
Jungle	unforeseen adventure
Lake	conditional love
Lava	dramatic changes or destructuring; destructive release of suppressed need for change
Leaves	falling – shed old acquaintances who do not enrich life on tree – acquaintances who enrich life
Lightning	dramatic shifts in awareness
Migration of birds	North – time for action; time to create new methods and ideas South - time for ideas to mature; time to wait, time for beingness
Moon	our dreaming body, intuitive self
Mountain/hill	hope
Night time	the dream world
Oak	accept assistance
Ocean	life in general

Open area	need or desire for freedom
Pond	conditional acceptance
Public place	fear of exposure
Rain	the process of life
Rainbow	good will result from seeming disappointment
Rapids	rapid emotional flow and changes
River	unconditional love
Rock	old memory patterns, old memories
Roots	joy, coming home to oneself
Sand/sea/beach	that which the process of life has taught us
Sand	comfort
Sandstorm	a dramatic stripping of beliefs
Seed	new beginning that must be nurtured
Shooting star	time to be clear about our wishes
Snow	frozen emotion
Spider web	entrapment or need for freedom from programming
Spring (water)	new emotions

Storm	cataclysmic change
Sun	enlightenment
Sunrise	new beginnings
Sunset	endings
Swamp	stagnant emotions that have negative influences
Swimming pool	non-authentic love
Terrain	muddy – you can get stuck sand dunes – slow but comfortable progress sandy – comfort in your journey snow-topped mountain – forsaken hopes stony – the way has many abrasive but small obstacles up a cliff – way is almost impossible up a mountain – way will be difficult but possible wading through water – emotions will slow progress; dirty water – unpleasant emotions with boulders – big obstacles are ahead
Thunder	dramatic change is coming
Tornado	cataclysmic change
Tree	broken – hopelessness fallen – hope has been negatively impacted tree roots – transformation of basic beliefs

Tsunami	strong, devastating emotions eliminating beliefs
Valley	place of security
Volcano	exploding rage
Waves of the ocean	opportunities
Whirlpool	emotional resistance; unclear emotions
Wind	thought that will change perspectives

Numbers

0	completion
1	interconnectedness of life, oneness
2	humility and understanding needed
3	trust the intuitive
4	stability and balance or need for
5	freedom and change
6	guidance within physical life
7	information, perception, enlightenment
8	opening or closing of a cycle; harmonious interaction
9	feminine side of spiritual gifts; alchemy, intuition, non-cognitive information

- 10 inclusiveness, not thinking in a separative way
- 11 transformation or need for; chance to go to the next level
- 12 strength and power, enlightenment
- 13 new birth or beginnings

Objects

- Ashes remnants of the old
- Ball if it's your turn to throw it, action is required;
if you're catching it, you have just received a challenge
- Balloon not having much substance
- Bandage not dealing with the root of the issue; a cover up
- Baseball bat the need to deflect the action of another
- Basement subconscious, hidden flaws
- Basket possibilities through cooperation, cooperative support, unity within diversity
- Beads parts of a greater achievement; cooperative accomplishment

Bell	praiseworthy emotions waiting to be expressed
Bible	overinflated value through conditioned programming
Blanket	comfort through denial
Blender	uniformity
Bomb	destructive intent, the need for protection
Books	looking for answers within the prison bars of social learning
Bottle	pent up emotion
Bottle opener	the trigger for release of pent up emotion
Boxes	boxes in general are limitations through social conditioning; something hidden in a box means secrets kept; storage boxes mean that which we have put behind us
Bricks/building blocks	one step at a time; a belief system is forming to trap your awareness
Brush	(see comb)
Buildings	view of the world, perspective through social conditioning
Bullet	attack, need to protect

Cage	loss of freedom
Candle/lamp	guidance through perception; guidance from unseen realms
Cannon	a very large attack is coming
Ceiling	limitation
Chimney	outlet for anger
Church bell	a cause or belief system
Church clock	timing is being determined by beliefs
Claw	open attack, greed or aggression
Clock	(alarm) time to wake up; indicates time for change; when we're late it means change or action is overdue
Comb	a few unresolved issues waiting to give their insights
Computer/laptop	mind, memory
Crayon	spontaneous expression
Crown	arrogant self-opinion
Cross/crucifix	caution; others will turn against or falsely accuse you
Comet	self-achievement; authentic self-expression

Cupboards/closets	the subconscious; events that have not yielded their insights
Curtains	fear of exposure or that which obscures vision
Dam/lake	conditional or conditioned love
Dart	need to protect yourself, become less of a target
Desk	immediate decisions need to be made
Dinner service	decisive support of a group or family is needed
Dish antenna	receptivity to inner guidance is needed
Doll	substitution of the artificial for the real
Door	possibilities
Dripping tap	suppressed emotions leaking into life
Drum	the dictating directiveness of self or others
Drycleaner	careful elimination of certain aspects
Elevator	dramatic rise in consciousness
Engine	the tyranny of social pressure
Excavation	find resources or perception deep inside
Feather	gift of new thought or perspective

Feces	money or desire for money
Fire	destructuring or dramatic change
Flag	a cause; patriotism
Flagpole	without a cause, devoid of motive
Flat tire	someone is not contributing
Floor	perspective of life, world view
Food	spiritual nurturing
Furniture	bed - need or desire to rest chair - comfort zone lamp - illumination or guidance screen - something obscuring vision table - decisive action needed
Gallows	others will judge you or you are condemning another
Garbage	that which needs to be discarded
Gift or gift wrap	there are unseen gifts and benefits; broken gift – being given something of little worth
Glasses	the need to see clearly sunglasses - pessimism, negativity
Gloves	if removed, need for directness or 'tough love'; if put on, something must be treated delicately

Goggles	see the root cause of strong emotion
Glue	something will be hard to get rid of
Grail	self-regeneration
Grenade	ill- intent
Gun	(see bullet)
Gymnasium	push beyond present boundaries, beyond mortal boundaries
Hammer	forcefulness
Hammock	take time to be alone
Handbag	potential power
Harp	the need to soothe or be soothed
Headset	mental receptiveness
Hearing	ability to receive guidance
Hoisting crane	something or someone will be a burden
Ink spot	blemish in purity
Kettle (whistling)	deal with anger
Key	solution or missing piece; missing puzzle piece indicates the same; an answer
Kite	getting an idea or project off the ground

Knife	severance of some influence in your life
Laboratory	alchemy, combination of parts for a greater whole
Ladder	ascending consciousness
Lamppost	you are cosmically guided
Law	the tyranny of an obsolete system
Lawn	conformity; conformity of expression
Lock	without a key - not accessible at this time
Lock of hair	sentimental programs
Locket	a cherished memory is binding you to that which no longer serves
Luggage	encumbered by past burdens
Magnifying glass	details have been overlooked
Mail	watch for messages
Manure	feeding on the obsolete, looking to the old for spiritual nourishment
Map	guidance from signs in the environment
Metronome	something dictating the pace of life
Mirror	secret antagonism
Money	crystallized power

Monument	value systems; socially conditioned values
Music	harmonious interaction
Musical instruments	percussion – harmony with destiny string – harmony within relationships wind – harmony with concepts/ thoughts piano – the artistic quality of life
Musical notes	past life issues or memories
Napkin	take care of details
Net	socially conditioned limitations
Newspaper	common view of the world
Nudity	feeling exposed
Orchestra	cooperation for great results
Oven	patience for outcome
Path	direction
Pennies	undervalued power and ability
Pets	companionship
Photos	events or interactions that have not yet yielded their insights; events that need closure
Pillow	relax, expect gentle outcomes
Plate	prepare to self-nurture

Playpen	spontaneity is being suppressed
Pots & pans	tools of spiritual nourishment
Printer	non-original, conformity
Prism	seeing with separation consciousness
Puppet	living according to others' expectations
Racquet/Racket	'the ball is in your court', it is time to act
Radio	accepting advice indiscriminately
Razor	improve the way you treat others
Record (musical)	get out of the rut
Refrigerator	put something on hold
Religious artifacts	self-righteousness, belief systems of status and self-importance
Report card (grades)	time to account for ourselves; time to live what we know
Reward	money - a gift of power trophy - acknowledgment
Ribbons	pink means innocence; white means according to divine will; red means do not proceed; black means death
Riddles	do not try to understand; that which is real is indefinable

Ring	inclusiveness; power through aligning with Infinite will
Road Sign	an advisable course of action on your life's journey
Rocket	rapid accomplishment; something is about to have expedited success
Rocking chair	self-nurturing of inner child
Roller coaster	being out of control of life's ups and down
Roof	self-imposed limitation
Rug	world views
Rust	that which is no longer life-enhancing
Safe	hidden treasures
Saw	a gradual severance
Scissors	something must be severed
Sea saw	games others play, dysfunctionality
Secret mission or agent	destiny
Sewing machine	something needs to be fixed
School	the need to learn
Sheet	privacy

Shell	gifts from past experience
Sight	ability to see behind appearances
Sirens	warning signs
Sleeping bag	self-sufficiency
Smoke	indication of suppressed anger
Soap	clean up an area of your life
Spear	protect against the vindictiveness of another
Spiral	finding inner silence
Spoon	assistance
Stairs	going up or down in levels of awareness
Stage play	lack of authenticity
Suitcase	allowing the past to encumber the present
Swing set	make time for fun
Tablecloth	take tactful but decisive action
Tapestry	social beliefs disguised as wisdom
Target	goal is in sight or focus
Taste	nurturing, self-nurturing or spiritual nurturing

Teacup or teapot	take a break or rest
Telephone	interdimensional communication wishes to express; listen in silent meditation
Telescope	deepen your perception
Television	participate rather than observe
Tent	(see camping)
Toilet	obsolete needs to be released; if overflowing, getting rid of the old is overdue
Tools	assets and talents - e.g. a broom might mean you need to clean up a portion of your life. A certain quality or the need for that quality.
Tracks	residue, remaining influence
Treadmill	stuck in a no-win situation
Treasure	multiple gifts, opportunities or abilities will be given at once
Umbrella	clinging to old viewpoints and belief systems, holding on to old limitations
Vase (or urn)	something can be done with more grace
Velvet seats	something has been prepared for easy solutions
Video/movie	surface appearances are not real

Walls	blockage of perception, being trapped by labels or belief systems
Washer dryer	get rid of density; invading lower energies
Washing machine	cleansing old ways of relating to others, cleansing old self-images
Water	emotion
- flooding the floor	emotions sweeping away old foundational beliefs
Water faucet (tap)/ fountain	allow emotion to express
Weapons	need to protect oneself
Well	deep, unsurfaced emotion
Wheels	primary supporting relationships
Wig	false worth and image
Window	vision, ideals
Window (broken)	broken perception or flawed perspectives
Wings	passion, exploration
Wool on a sheep	insulate your sacred space
Wound	unprocessed pain that has not yielded its insights; pain that has not been valued
Wreck of a vehicle	the old way of moving through life must immediately be changed

Zipper unzipped – exclusiveness, separateness
 zipped – inclusiveness

Places and Buildings

Airport source of change of mental awareness

Apartment confining belief systems of others

Attic ideals derived from social conditioning

Auction unpredictable energy requirements

Backyard private life

Balcony a specific perspective

Barn subconscious belief from past lives

Bathroom elimination required

Bedroom (see sleeping)

Bridge time for a change in lifestyle
 over land – a temporary viewpoint
 over water – temporary emotional
 response

Castle an elaborate belief system that drains
 resources

Church seeking peace and contentment without

Cinema circumstances are not real or lasting

Circus exaggerated behavior

City/town/village	common world view or social conditioning
Communal Shower	group purification of emotions
Dining room	self-nurturing required
Factory	productivity; joyless labor, heartless drudgery; need to combine work and joy
Farm	self-sufficiency, self-reliance, independence
Front yard	the private life that others are aware of
Garage	no need for active movement
Graveyard	leave the past behind
Hospital	something is wrong and needs to be addressed
Hotel	belief systems received from others
Island	personal identity
Kitchen	preparation
Lighthouse/ foghorn	watch for a sign about avoiding certain things in your life; guidance through cataclysmic change or through uncertain times
Living room	social interaction

Monastery isolation; need to bring living space into harmony with the inner world; need to disconnect from a life of illusion and materialism

Museum giving past events false value

Office organization

Palace complexity created by mind

Prison the need to let go of belief systems

Pub (see beer)

Restaurant allowing others to fulfill their needs

Sauna uncomfortable pressure

Shop you are giving power for gratification

Shopping mall (see shop)

Supermarket (see shop)

Temple sacred space, private space is needed

Theatre (see cinema)

Tomb (see graveyard)

Transportation

Ambulance immediate care of an aspect of life

Air changes in perception, ideas or ideals

Animal	change in aspect represented by animal; e.g. donkey – false humility
Bicycle	seeing opposites as having unequal value; duality
Canoe	slow change of emotional awareness
Car	the way we travel through life, e.g. jobs, relationships
Carriage	sentimental nostalgia as a driving force
Catamaran	the emotional change of relationship
Containership	emotional baggage
Cruise ship	a pleasant way of changing emotions
Fire wagon	rapid destructuring needs to be reported
Going backwards	slipping back into old habits
Hearse/funeral procession	something must be eliminated for awareness to progress
Helicopter	fluid mental changes of awareness
Mobile home	fluid belief systems
Police car	fear of victimization
Public (bus/train)	change in social conditioning

Road	change in general awareness, direction; sign of an advisable course of action on your life's journey
Skates	adventurous fun
Skating	easy change of awareness, effortless progress
Skis	hopeful anticipation
Sled/sleigh	superficial, shallow living
Snowboarding	cooperation with divine intent
Spaceship	(see space travel)
Space travel	leaving the matrix of existing paradigms
Tanker	change of pent up emotions

Appendix

Dream Symbols Pertaining to Incarnational Cycles

Creational cycles each produce a specific challenge in order to arrive at their unique perception. The totem animals of these cycles of life will appear, when it is time to live their particular insight. Aggressive behavior from these animals in the dream further indicates an extreme urgency to grasp and apply their perception to avoid unpleasant lessons.

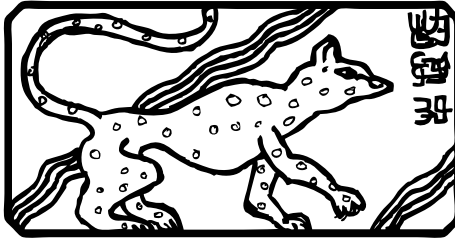
Transmission from the Hidden Planet Minut

The animals embody the stages of the Dream
Twenty-four cycles of life that through eons have been
They are not gone, they linger still
Until their value is seen, they always will

They taint the present and perpetuate the past
As long as they aren't balanced their influence will last
The animals bring the lessons they've carried through time
Each carries a message from ages long declined

Learn their insights that old cycles may disappear
That old programs controlling the present may be cleared

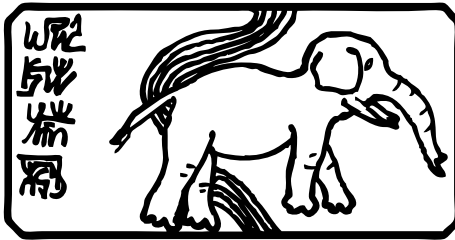
The Totem Animals of the Cycles



1. *Unach-tu-savaa*

Big Cats

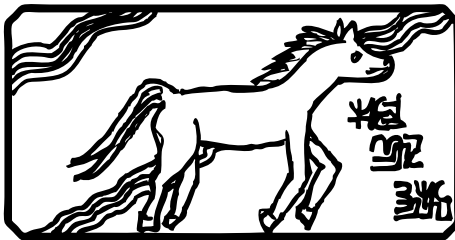
Ascension is the awakening from a dream within a dream.



2. *Nanush-bi-sata*

Big Mammals, i.e., elephants

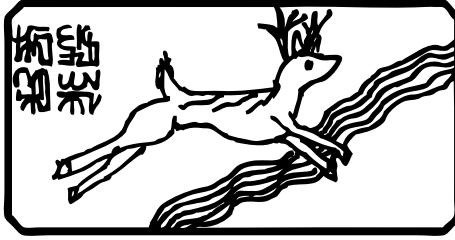
Though the dreams become more lucid, they are still illusion-based.



3. *Bishu-neresva*

Horse Races

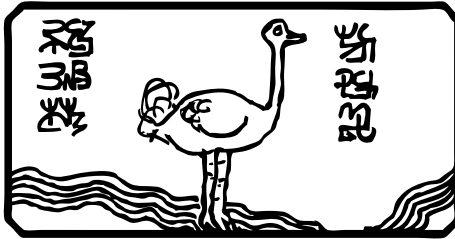
Dreams must be understood for the gifts they bring to heal.



4. *Kisu-tere-nu*

Antelope and Deer

The dream state and the awakened state are opposite poles.



5. *Mishapa-situru*

Big Birds, i.e., Ostriches

Anything that can be divided into two poles is not real and eternal.



6. *Nestu-hiricsta*

Amphibians

Both poles must be valued equally in order to express equally.



7. *Kaarit-ersetu-harech*

Marsupials, i.e., Kangaroo

Poles that express equally can be combined and cancel each other out.



8. *Nechwi-harasat*

Lemurs

If all their parts are balanced and equally combined, only beingness remains.



9. *Sutuvach-barstu*

Apes

The only way to permanently eliminate illusion is through combining its equally expressing poles.



10. *Perspa-hisata*

Dog Races – except Wolves

All other methods – like transformation, transmutation and transfiguration – will just re-manifest the illusion in higher and higher forms.



11. *Mishera-pirerut*

Wolves

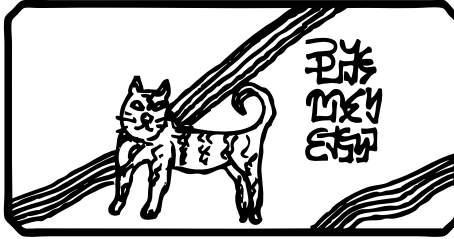
Two opposite poles that exist cast a shadow, which is space.



12. *Runarat-aranuk*

Armadillo

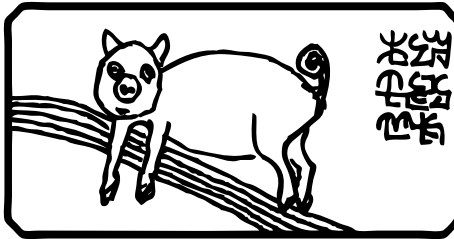
The interaction between two poles creates the illusion of movement, which is time.



13. *Sunarut-blivavet*

Domestic and Smaller Cats

When one pole, such as the physical body, is over-focused on, its opposite pole, such as the soul, diminishes.



14. *Kanavit-erut*

Pigs, Cows, Sheep

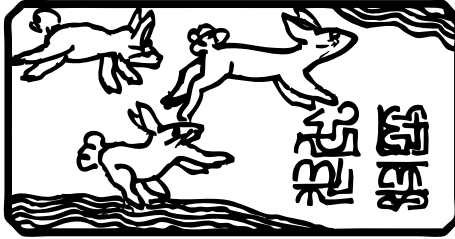
The opposites of body and soul cast the shadow called spirit, or individuation.



15. *Kuhus-estravit*

Snakes and Other Reptiles

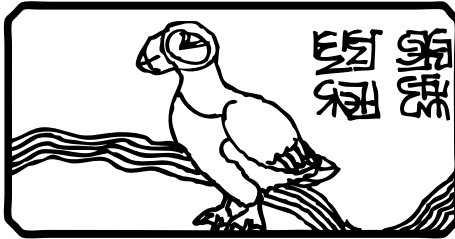
The animal archetypes represent the 24 dream cycles that have taken place.



16. *Kenevit-arasvi*

Other Mammals

The dream cycles are representative of the 24 hours of the Earth's rotation.



17. *Vrunabit-ruseta*

Water Fowl and Poultry

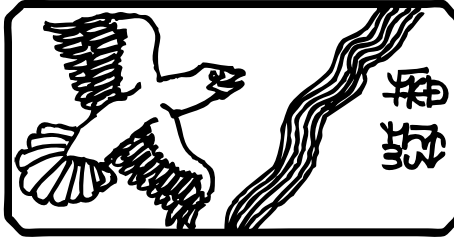
There are 24 levels of dreaming both cosmically and for all beings.



18. *Asanach-vuhesbi*

Birds of Prey

The animals carry the dream cycles insights, which must be learned in order to dissolve them and the illusion of dreaming and awakening to be cancelled out.



19. *Klihes-uspenes*

Other Birds

As the cosmos moves to more lucid dreams, old dream cycles do not disappear. They remain as shadows waiting for their value to be seen.



20. *Graanit-plubahes*

Bears

Nature has not been purified and evolved as it should have been since the planetary ascension began.



21. *Visinetvi-araskrut*

Marine Life – except Whales

The animals still carry the shadows of previous dream cycles, known as the cycles of the Fall.



22. *Arsa-velebruch-nava*

Whales and Dolphins

The remnants of the 24 dream cycles have also formed the subconscious of the 24 root races and thus affect cosmic life.



23. *Kusabit-eleklutvi*

Bees

This creates a past and disturbs cosmic purity by perpetuating memory.



24. *Nunusit-plavi*

Other Insects and Spiders

Eliminating dreaming and awakening eliminates all cosmic illusions and is the ultimate cosmic alchemical equation.