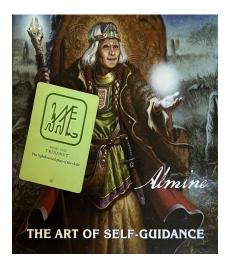
## January 2024 Rune Guidance & Frequency

Based on the Rune of Spiritualized Matter - Embodying the reconciliation of the duality of material & spiritual

- I know who I AM.
- Balance in Expression Resolving illusory patterns of distortion Things are falling into place organically and organized but with speed so it may sometimes feel like things are



going wrong. That's not so, just keep moving forward in alignment with the changes happening. Focus on only on your next step and your dream (without negotiation -with confidence)

Call upon Angelgod Hevenet to revolve illusory patterns of distortion in your life. This is the foundation of frequency this month.

- Spontaneity and playfulness acting upon your joy is the key this month. Creating joy in your own private home and every corner of your life ripples and by proxy it will affect the war and conflict energy in the world. It will remind every soul to focus on their joy and be playful in life. January is about balance and inner knowing. Call Anglegod Ekvranus to assist in Removing the Need for Predictability.
- Listen carefully to the inspiration of your inner space. Start your life and desires within from there allow it to fall in place in your outer space by taking necessary actions as inspired. Push your perception and remove the old prison bars, the frequency all around us is helping you to remove yet another layer of old stories...Angelgod Gleshnavit: Removing illusion through perception.
- I know who I AM...the frequency of the month is calling for you to be very clear in knowing what your values are, and to make sure they are aligned with I AM frequency within you. All you need to know is your next step and for that we need to be in the moment. Constantly check to make sure your decisions are based on your values and unique personal truth. Let us stay in our full awareness of the moment: Angelgod Biberas knowing truth to be the unfolding moment.
- Wholesome Living: Simplify your life and increase your respect and care for our
  environment and nature everyday more than the day before in one way or another.
   Remind yourself and others of the beauty of our planet and beauty of life by taking your
  focus off the negativity around the world and your own life.

Have fun creating a magical life \*
With Love, Sara Roshan